

Know a Stroke & Save a Life

A stroke happens when the blood supply to part of our brain is cut off. You will have symptoms almost immediately ..

POTENTIAL SYMPTOMS

- ! Feeling weak or numb on one side of the body
- ! Having trouble speaking or understanding what has been said
- ! Unable to see clearly out of one or both eyes, or having double vision
- ! Feeling dizzy and unsteady, problems walking
- ! Terrible headaches



THE FASTER YOU ACT THE BETTER THE OUTCOME !

Here is a simple 4 step process to assess a person

1. Ask the individual to SMILE.
2. Ask him or her to RAISE BOTH ARMS.
3. Ask the person to SPEAK A SIMPLE SENTENCE
(**Coherently** - ie It is sunny out today).
4. Ask the person to WALK IN A STRAIGHT LINE.

If he or she has trouble with ANY of these tasks, call 111 immediately and describe the symptoms to the dispatcher.